

# SIZE GUIDE

## LADIES' Shirts/Polo's/Chef's Jackets/Knitwear/Waistcoats/Beauty Tunics

Call size	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Size	6	8	10	12	14	16	18	20	22	24	26
Collar cm	39	40	41	42	44	45	47	48	50	51	53
Bust to fit "	31	33	35	37	39	41	43	45	47	49	51
Bust to fit cm	79	84	89	94	99	104	109	114	119	124	129

### LADIES TROUSERS

Call size	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Size	6	8	10	12	14	16	18	20	22	24
Waist to fit "	22	24	26	28	30	32	34	36	38	40
Waist to fit cm	54	59	64	69	74	79	84	89	94	99

## MEN'S Shirts/Polo's/Chef's Jackets/Knitwear/Waistcoats/Health Tunics

Call size	XS	S	S/M	M	M/L	L	L/XL	XL	2XL	3XL	4XL	5XL	6XL	7XL
Collar "	14	14½	15	15½	16	16½	17	17½	18	18½	19	20	21	22
Collar cm	36	37	38	39	41	42	43	44	46	47	48	51	53	56
Chest to fit "	30	34	36	38	40	42	44	46	50	52	54	56	58	60
Chest to fit cm	77	87	92	96	102	107	111	117	126	132	138	142	147	152

### MEN'S TROUSERS

Call size	S	M	L	XL	2XL	3XL	4XL	5XL
To fit waist"	30	32	34	36	38	40	42	44
To fit waist cm	76	80	86	92	96	100	106	110

### CHEF'S TROUSERS

Call size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
To fit waist"	24-26	27-29	30-32	33-35	36-38	39-40	41-42	43-44	45-46
To fit waist cm	61-66	68-73	76-81	84-89	91-96	99-101	104-106	109-111	114-116



**CLASSIC  
FIT**



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FITTED**



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